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| **C:\Users\lauren.fletcher1\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\8F12C411.tmpHigh Ercall Primary School** | |
| **Long Term Plan for PSHE** | |
| **Subject Leader: Lauren Fletcher** | **Date: January 2022** |

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| **Additional Focus Days** | | | | | |
| **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| Black History Month  Grandparents Day  NSPCC Speak Out. Stay Safe. | Anti-Bulling Week  International Women’s Day | Children’s Mental Health Week | Earth Day | Deaf Awareness Week | Drowning Prevention Week |

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| **Year A** | | | | | | |
| **Core theme:** | **Relationships** | | **Health and Wellbeing** | | **Living in the Wider World** | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Class 1** | VIPS  KS1 | **SE**  (see below) | Safety First  KS1 | **SE**  (see below) | Aiming High  KS1 | **SE**  (see below) |
| **Class 2** | TEAM  KS1 | **SE**  (see below) | Think Positive  KS1 |  | Money Matters  KS1 | **SE**  (see below) |
| **Class 3** | VIPS  LKS2 | **SE**  (see below)  Digital Wellbeing  LKS2 | Safety First  LKS2 | **SE**  (see below) | Aiming High  LKS2 | **SE**  (see below)  Diverse Britain  LKS2 |
| **Class 4** | TEAM  LKS2 | **SE**  (see below) | Think Positive  UKS2 | **SE**  (see below)  It’s My Body  UKS2 | Money Matters  LKS2 | **SE**  (see below) |
| **Class 5** | VIPS  UKS2 | **SE**  (see below)  STAR  DOVE – self esteem | Safety First  UKS2 | **SE**  (see below)  Digital awareness | Aiming High  UKS2 | **SE**  (see below)  Y6 – Y7 transition |

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| **Year B** | | | | | | |
| **Core theme:** | **Relationships** | | **Health and Wellbeing** | | **Living in the Wider World** | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Class 1** | Be Yourself  KS1 | **SE**  (see below) | Mindfulness  KS1 | **SE**  (see below) | One World  KS1 | **SE**  (see below) |
| **Class 2** | Digital Wellbeing  KS1 | **SE**  (see below) | It’s My Body  KS1 | **SE**  (see below) | Diverse Britain  KS1 | **SE**  (see below) |
| **Class 3** | Be Yourself  LKS2 | **SE**  (see below) | St Johns Ambulance  First Aid | **SE**  (see below)  Think Positive  LKS2 | One World  LKS2 | **SE**  (see below) |
| **Class 4** | TEAM  UKS2 | **SE**  (see below)  Digital Wellbeing  UKS2 | It’s My Body  LKS2 | **SE**  (see below) | Diverse Britain  UKS2 | **SE**  (see below)  Money Matters  UKS2 |
| **Class 5** | Be Yourself  UKS2 | **SE**  (see below)  STAR  DOVE – self esteem | St Johns Ambulance  First Aid | **SE**  (see below)  Digital awareness | One World  UKS2 | **SE**  (see below)  Y6 – Y7 transition |

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| **Relationships** | **Health and Wellbeing** | **Living in the Wider World** |
| Digital Wellbeing (R)  TEAM (R)  VIPS (R)  Be Yourself (R) | Safety First (H&W)  Think Positive (H&W)  It’s My Body (H&W)  **Growing up (H&W) - SE** | Aiming High (LWW)  Diverse Britain (LWW)  One World (LWW)  Money Matters (LWW) |

**Sex Education supported with ‘Growing Up’ unit – KS1, LKS2 and UKS2**

**Twinkl Life scheme of work supported by the PSHE Association.**

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| **Sex Education focus lessons - by year group**  Shropshire Respect Yourself | | | |
|  | **Autumn 2** | **Spring 2** | **Summer 2** |
| **Year 1** | **Amazing Me** p.270 | **Animals and Their Babies** p.277 | **Same But Different** p.272 |
| **Year 2** | **I Can Do** p.282 |  | **Know Our Bodies** p.287 |
| **Year 3** | **Growing Up** p.294 | **Know Our Bodies** p.296 | **Fact and Fiction** p.298 |
| **Year 4** | **Life Cycles** p.308 | **Know Our Bodies** p.311 |  |
| **Year 5** | **Puberty** p.322 **Menstruation** p.325 | **Reproduction** p.325 | **Pregnancy** p.332 |
| **Year 6** | **Changing Emotions**  Twinkl Life, UKS2 Growing Up, Lesson 2 | **Just The Way You Are**  Twinkl Life, UKS2 Growing Up, Lesson 3 | **Relationships**  Twinkl Life, UKS2 Growing Up, Lesson 4 |